

HUMANHOOD

DANCE THEATRE MEDITATION

[I n f i n i t]



∞ *{Infinite}* is Julia Robert and Rudi Cole's first Dance Theatre Meditation in which they guide the audience through a mystical journey. The outside world of the magical dance on stage will merge with your internal awareness. The premise is movement and consciousness, becoming aware of the infinite power that flows to and through us, giving life to all beings.

This is the first production where they explicitly bring together their shamanic powers to fuse with their signature choreographic movement language.

Throughout the years of Julia and Rudi's worldwide ventures into meditation, energetic channeling, yoga, plant medicine, and personal development they tapped into their internal power and felt called to share a work of art that aligns with their mission to raise human consciousness. During their creative career, they strived for a link that bridged their artistic expression with their spiritual path. ∞ *{Infinite}* is the culmination of their personal holistic approach, sculpturing a new way to experience a dance production, in which the theatre setting becomes a sacred space conducive for internal realisations. ∞ *{Infinite}* opens a door through which the audience is invited to tap into the infinity we all contain within.

During this Dance Theatre Meditation, you will be receiving energetic transmissions both through words and movement, channeled by Julia and Rudi and embodied by the stunningly fluid dancers. The cosmic tribe on stage was formed through an intensive time in the dance studio as well as sacred rituals in Nature, connecting beyond the physical realm. All group sessions started with a gratitude practice, tapping into the power of our open hearts.

The whole research and final production was, is, and will continue to unfold as a sacred ritual of movement, light, and sound, reminding us of the cosmic dance we are all a part of and the infinite potential of our future becoming.

We invite you to enter into the spirit of ∞ *{Infinite}*.

Important Notice: For the best visual-effect experience during a moment in the show, please rest your focus in space without looking directly at the moving light. A still image shall appear.





Artistic Directors of HUMANHOOD Julia Robert and Rudi Cole say:

“The time has come for us to break out of the shell and share with the world the fusion of our spiritual practice with our artistic voice. ∞ {Infinite} is the culmination of decades of metaphysical experiences around the world, and our vision to take audiences to a brand-new theatre experience. This is our first Dance Theatre Meditation marking an exciting chapter in HUMANHOOD’s expansion.

“For us, the theatre is a modern-day temple, a place where the hearts and minds of many can come together as one, to allow new ideas to enter the imagination and challenge our thinking of the universe and ourselves as a part of it. We invite audiences to enter into the spirit of ∞ {Infinite}.”

ABOUT

Merging Modern Physics & Eastern Mysticism to create visceral and immersive productions, HUMANHOOD aims to share extraordinary experiences that transform and connect us all.

Founded in 2016 by Catalan and Birmingham born artists Julia Robert and Rudi Cole, HUMANHOOD's following has since rapidly grown in the UK and international dance scene.

With a commitment to self-growth and artistic expression, HUMANHOOD's work combines Julia and Rudi's choreographic style and exceptional physicality with scientific research into physics and astrophysics, alongside a focus on Eastern mysticism, to explore how these seemingly different worlds can come together to shape our human experiences. These explorations have taken the artists around the world to work with a wide range of multi-disciplinary artists, spiritual practitioners, shamans and indigenous tribes, to stage productions of high levels of artistic intricacy and spiritual resonance, merging energy-shifting sound, light and movement transporting audiences to a place beyond the senses. The company also collaborates with scientists, including the research team of Birmingham University's physics & astrophysics department.



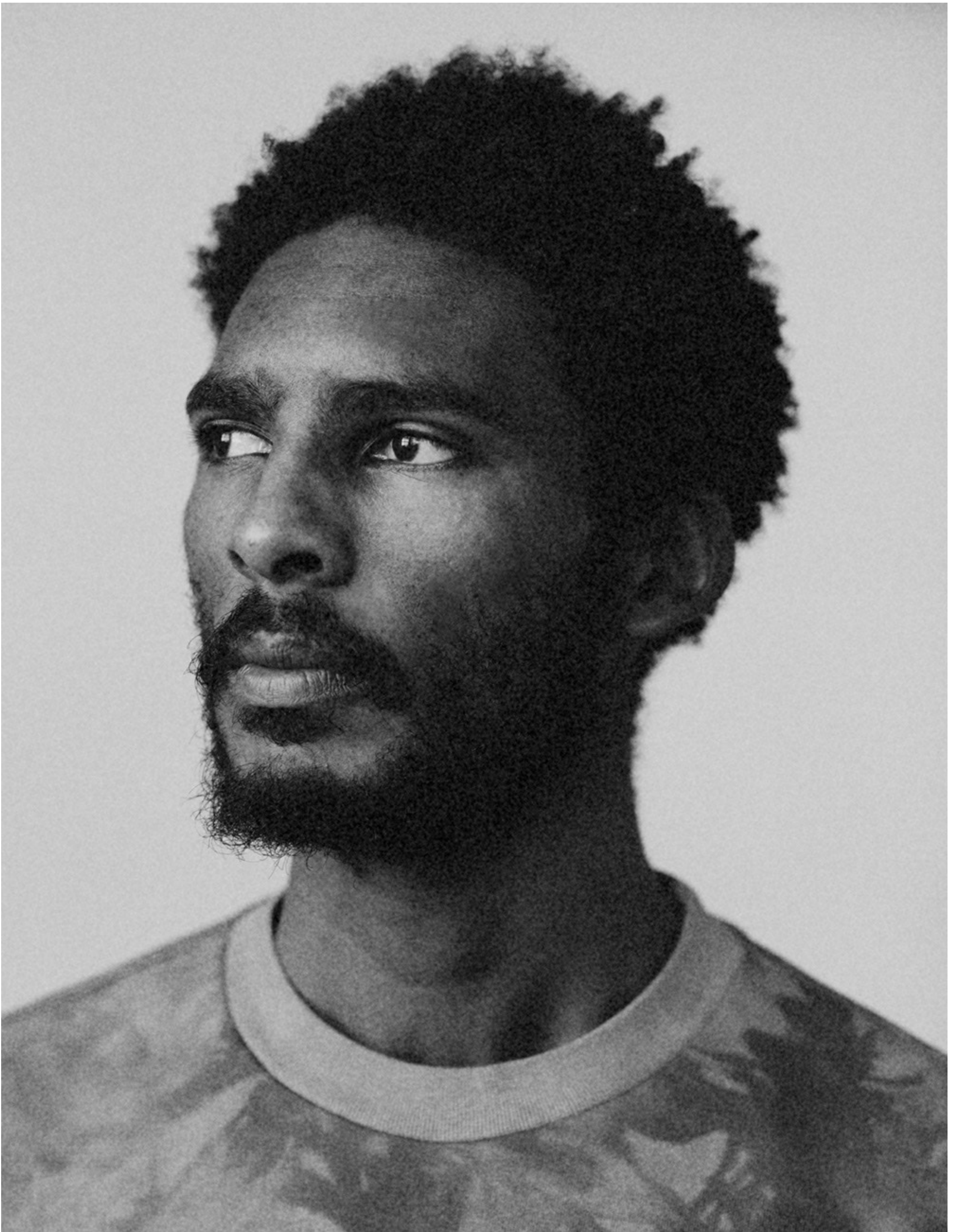
CREATIVES



Julia Robert

Choreographer/ Co-Artistic Director

Julia danced since her early ages on this planet expressing her innate fluidity and grace. Captivated by the wonders of the Universe she started a physics degree at Universitat de Barcelona. However, she realised this path was not in alignment with her soul's purpose and dived fully into dance, graduating from the London Contemporary Dance School and performing in some of the world's most recognised theatres. Julia has an innate sensibility for beauty and movement energy as well as a powerful imagination creating magnificent universes on stage. She is passionate about accessing the movement of the body as a portal to higher states of consciousness and unity. She also coaches a selected group of visionary women to answer their call and make an impact. Keep an eye out for her upcoming book!



Rudi Cole

Choreographer/ Co-Artistic Director

Coming from a family of artists having an innate sense for rhythm, musicality and sharp eye for movement quality, Rudi has identified dance as his passion from his early years. He graduated from the Northern School of Contemporary Dance and had a prolific career as a professional dancer including performing in the 2012 London Olympic Games. He is a devoted practitioner of the internal martial arts fusing the energetic power of the body into the movement quality of the company. His child-like curiosity has brought him to research ancient and shamanic practices around the world, expanding the potential of human physicality.



Julia and Rudi founded HUMANHOOD in 2016 with the vision to create a worldwide movement for the expansion of human consciousness. Since the creation of their first duet ZERO, they have established a clear choreographic language expressing a sublime spiritual sensitivity which has brought the interest and following of the dance sector and beyond, including wellbeing and holistic communities. Their award-winning work has been performed at some of the most prestigious venues (Sadler's Wells and Mercat de les Flors) and festivals (Grec and Venice Biennale) in the world.

Together, they are also the founders of weflowexperience.com an online platform for people of all backgrounds to connect with the power of movement. They also hold Weflow holistic movement retreats and workshops for those individuals looking to connect with their energetic essence and expressive power through movement and dance. In 2021, they started delivering transformative coaching programs online, sharing their mystical practices and guiding thousands of creative individuals to bring their vision into realisation. They believe it is time for everyone to take the real stage, the Earth's grounds in everyday life, and become a light in the future of humanity.

Dr Jean Houston, leading researcher in Human Capacities and one of the foremost visionary thinkers and doers of our time, says - *'The mystical couple... Julia & Rudi restore people to their original stuff, their original beingness... whether it is through dance, whether it is through words, whether it is through the radical beauty they both share together and individually.'*

Instagram: [@humanhood](https://www.instagram.com/humanhood)



Tom Visser

Lighting Designer

In 2003 Tom joined The Nederlands Dans Theatre as a light technician which brought him into contact with many great names in the dance world. For the past 20 years he has been working as a freelance lighting designer. He has created works for NDT1 and 2, Royal Swedish Ballet, Les Ballets de Monte-Carlo, Sydney Dance Company and has extensively worked with Crystal Pite, having designed her last 10 works. Tom Visser has collaborated with Julia and Rudi for the re-work of ZERO 's extract for large scale stages and the production of TORUS which was nominated for best lighting design at the Dansacat awards in Catalonia.

<http://tomvisserdesign.com/>



Iain Armstrong

Composer

Iain Armstrong is a composer and sound designer based in Birmingham, UK. He is particularly interested in exploring the creative potential of recordings of the sound environment and encouraging people to engage in the act of listening. His work is presented internationally and spans music and sound design for theatre, dance and film, experimental electronic music, multi-channel sound installation, site-specific soundwalks, podcasts, phonography and live performance. Recent credits include music composition for Evan Placey's *Jekyll & Hyde* (Birmingham REP) and the soundtrack to Anna Falcini's film *Chère Julie* to name a few. Iain has previously collaborated with Rudi and Julia for the production of *ZERO* and both outdoor duets *ORBIS* and *SPHERA*.

<https://iainarmstrong.net>

CREDITS

Concept, direction and choreography:
Julia Robert and Rudi Cole (HUMANHOOD)

Lighting:
Tom Visser

Music Composition:
Iain Armstrong

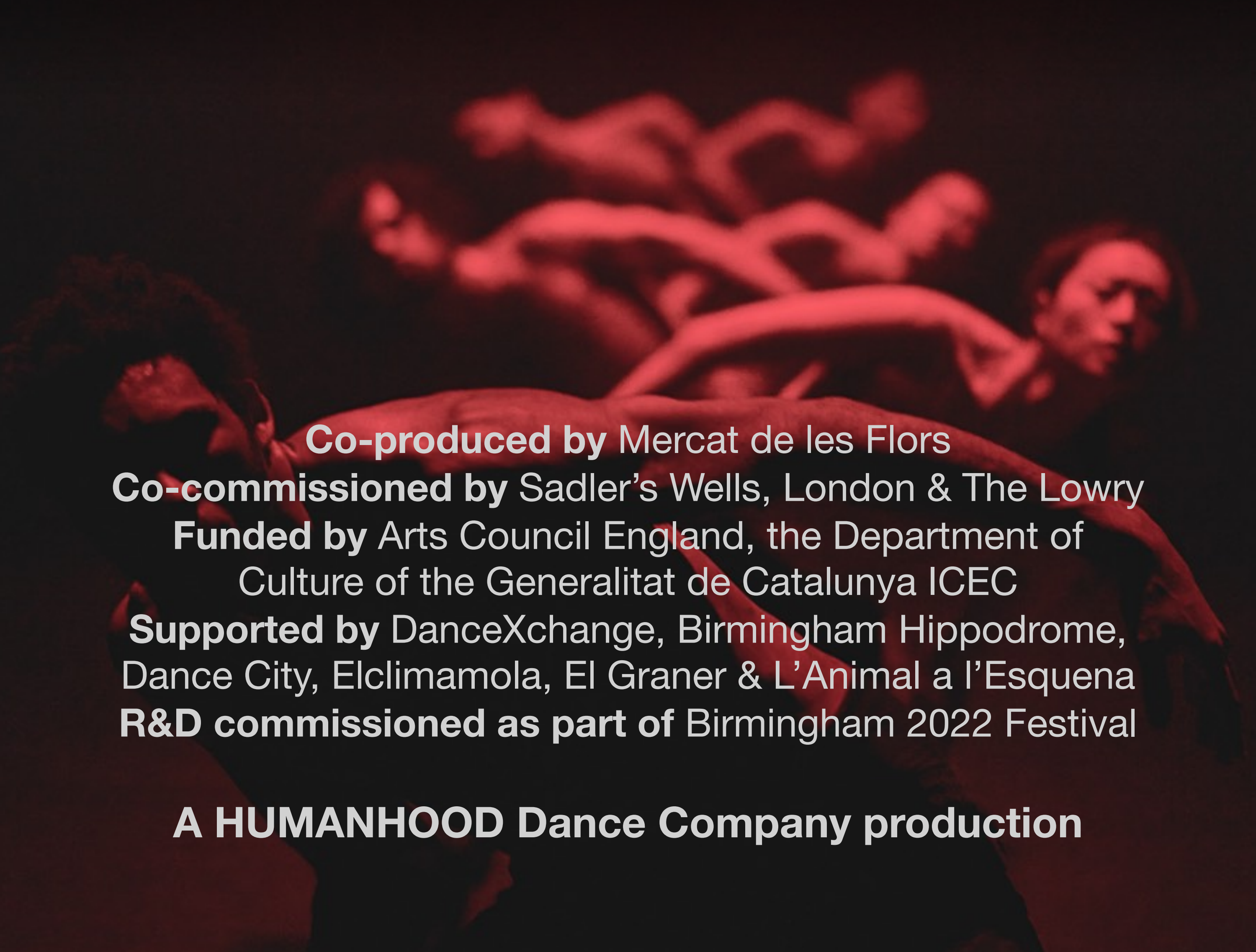
Music includes:
Vocals by Deya Dova and *Votiv* by Dorisburg

Costumes:
Julia Robert and Rudi Cole (HUMANHOOD) with
selected pieces from Lurdes Bergada and Sygman
Cucala's collection.

Set Design:
Julia Robert and Rudi Cole (HUMANHOOD)

Performance: Julia Robert, Rudi Cole, Tzu-Yi Tseng,
Mai Yun-Chi, Peter Butler, Piers Sanders, Romee van
de Meent, Soulyun Park, Teige Bisnought

Meditation guiding voice: Julia Robert



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R&D commissioned as part of Birmingham 2022 Festival

A HUMANHOOD Dance Company production



HUMANHOOD
DANCE COMPANY

